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Edited by: Atsushi Masamune, Tohoku University, Japan

Reviewed by:

Tomohiro Watanabe. Kindai University, Japan Rei Suzuki. School of Medicine, Fukushima Medical University, Japan Kenii Takahashi, Asahikawa Medical University, Japan *Correspondence: Yilan Zeng 2499081791@aa.com Stephen J. Pandol Stephen.Pandol@cshs.org Yuan-Ping Han hanyp@scu.edu.cn; southcalyph@yahoo.com [†]These authors have contributed equally to the work

Specialty section: This article was submitted to

Gastrointestinal Sciences, a section of the journal Frontiers in Physiology

Received: 27 May 2018 Accepted: 07 November 2018 Published: xx November 2018

Citation:

Zheng H, You Y, Hua M, Wu P, Liu Y, Chen Z, Zhang L, Wei H, Li Y, Luo M, Zeng Y, Liu Y, Luo D-X, Zhang J, Feng M, Hu R, Pandol SJ and Han Y-P (2018) Chlorophyllin Modulates Gut Microbiota and Inhibits Intestinal Inflammation to Ameliorate Hepatic Fibrosis in Mice. Front. Physiol. 9:1671. doi: 10.3389/fphys.2018.01671 Chlorophyllin Modulates Gut Microbiota and Inhibits Intestinal Inflammation to Ameliorate Hepatic Fibrosis in Mice

Han Zheng^{1†}, Yang You^{1†}, Meiyun Hua¹, Pengfei Wu¹, Yu Liu¹, Zishuo Chen¹, Li Zhang¹, Haoche Wei¹, Yan Li², Mei Luo^{1,3}, Yilan Zeng^{3*}, Yong Liu³, Dong-Xia Luo³, Jie Zhang⁴, Min Feng⁴, Richard Hu⁵, Stephen J. Pandol^{6*} and Yuan-Ping Han^{1*}

¹ Key Laboratory of Bio-Resource and Eco-Environment of Ministry of Education, The Center for Growth, Metabolism and Aging, The College of Life Sciences, Sichuan University, Chengdu, China, ² Chengdu Tongde Pharmaceutical Ltd., Chengdu, China, ³ Public Health and Clinical Center of Chengdu, Chengdu, China, ⁴ Nanjing Drum Tower Hospital, the Affiliated Hospital of Nanjing University Medical School, Nanjing, China, ⁵ Olive View-UCLA Medical Center, Los Angeles, CA, United States, ⁶ Cedars-Sinai Medical Center, Los Angeles, CA, United States

85 Liver fibrosis is an abnormal wound healing response and a common consequence 86 of chronic liver diseases from infection or alcohol/xenobiotic exposure. At the cellular 87 level, liver fibrosis is mediated by trans-differentiation of hepatic stellate cells (HSCs), 88 which is driven by persistent hepatic and systemic inflammation. However, impaired 89 90 enterohepatic circulation and gut dysbiosis may indirectly contribute to the liver 91 fibrogenesis. The composition of the gut microbiota depends on diet composition and 92 host factors. In this study, we examined chlorophyllin, derived from green pigment 93 chlorophyll, on gut microbiota, the intestinal mucosal barrier, and liver fibrosis. BALB/c 94 95 mice received carbon tetrachloride through intraperitoneal injection to induce liver 96 fibrosis and chlorophyllin was administrated in drinking water. The effects of chlorophyllin 97 on liver fibrosis were evaluated for (1) survival rate, (2) hepatic morphologic analysis, 98 (3) inflammatory factors in both the small intestine and liver, and (4) gut microbiota. 99 Our results indicate that oral administration of chlorophyllin could attenuate intestinal 100 101and hepatic inflammation and ameliorate liver fibrosis. Importantly, oral administration of 102 chlorophyllin promptly rebalanced the gut microbiota, exhibiting down-regulation of the 103 phylum Firmicutes and up-regulation of the phylum Bacteroidetes. In vitro experiments 104 on intestinal epithelial cells showed that chlorophyllin exposure could inhibit NF-κB 105 pathway via IKK-phosphorylation suppression. In conclusion, this study demonstrates 106 107 potential application of chlorophyllin to regulate the intestinal microbiota and ameliorate 108 hepatic fibrosis. 109

Keywords: sodium copper chlorophyllin, liver fibrosis, intestinal tissue barrier, gut microbiota dysbiosis, NF- κ B pathway

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Abbreviations: CCl₄, carbon tetrachloride; CHL, Chlorophyllin; HSCs, hepatic stellate cells; LPS, lipopolysaccharides; TNFalpha, tumor necrosis factor-alpha.

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115 INTRODUCTION

Cirrhosis is a common consequence of various types of 117 118 chronic liver diseases, derived from viral infection, alcohol abuse and drug/xenobiotic exposure, bile duct obstruction, and 119 fatty liver (steatosis). At the cellular basis, liver fibrosis us 120 the trans-differentiation or activation of hepatic stellate cells 121 (HSCs) (Rippe and Brenner, 2004; Friedman, 2008). As vitamin 122 A storing cells located in the space of Disse in the liver, 123 quiescent HSCs are the major hepatic parenchymal cells that 124 produce the extracellular matrix (ECM) to support the normal 125 liver cellular architecture in the form of hepatic sinusoids. 126 Chronic hepatic necro-inflammation, derived from liver injury 127 and infection, is a major driving force for liver fibrosis. For 128 129 instance, our previous work showed that interleukin-1 as an 130 injury signal was able to activate HSC through expressing matrix metalloproteinases (MMPs), which consequently could 131 release transforming growth factor-beta (TGF-beta) stored in 132 the ECM scaffolds in the space of Disse (Lu et al., 2013). 133 Persistent inflammation and repeating cycles of infection/injury 134 135 and wound healing can lead to excessive wound healing and scarring, which results in cirrhosis, while genetic depletion 136 of the interleukin-1 receptor or neutralization of Tregs can 137 attenuate liver fibrogenesis (Gieling et al., 2009; Zhang et al., 138 2016). 139

On the other hand, gut microbiota is critical for host health 140 and well-being. Gut microbes assume many physiological 141 functions for their hosts such as the production of vitamin 142 B series, energy harvesting from undigested diet, and the 143 promotion of host immunity and antagonizing foreign invasion. 144 In contrast, dysbiosis, mediated via the production of endotoxin, 145 146 bacterial antigenic debris (including DNA fragments), and 147 metabolites, is detrimental for the host. It has been reported that gut bacterial translocation, measured via bacterial DNA 148 and peptide fragments as well as enterohepatic circulation, can 149 elicit inflammation and promote liver fibrosis (Neugebauer et al., 150 2008; Cano et al., 2010; Bellot et al., 2013). The enterotype 151 152 of the gut microbiota is determined by host immunity and environmental factors including dietary composition. 153 Consuming green vegetables, due to the green pigment 154 (chlorophyll) in addition to dietary fibers and vitamins, has 155 been suggested to impact human health and physiological 156 functions. Chlorophyllin, derived from chlorophyll, is a 157 major component that has been widely used as a green 158 pigment in the food industry. A clinical trial suggested that 159 chlorophyllin administration could reduce the effects of 160 aflatoxin and improved liver carcinogenesis (Egner et al., 161 2001). In chemically induced animal models of carcinogenesis, 162 163 dietary supplementation of chlorophyllin was found to protect 164 the animal from genomic instability (Vidya Priyadarsini et al., 2012). Similarly, carcinogen induced rat forestomach 165 carcinogenesis could be ameliorated by dietary chlorophyllin 166 via modulation of TGF-beta signaling and downstream target 167 genes associated with cell proliferation, apoptosis evasion, 168 169 angiogenesis, invasion, and metastasis (Thiyagarajan et al., 2014). Whether dietary supplementation with chlorophyllin can 170 modulate gut microbiota and impact liver injury and cirrhosis 171

remains completely unknown. In this study, we measured such effects and found that chlorophyllin can promptly modulate the gut microbiota and reduce hepatic inflammation to relieve liver fibrosis.

MATERIALS AND METHODS

Liver Fibrosis Model and Chlorophyllin Treatment

182 All animal experimental procedures in this study complied with guidelines as outlined in the "Guide for the Care and Use of 183 184 Laboratory Animals" (National Research Council, United States). 185 The animal protocols were approved by the Institutional Animal 186 Care and Use Committee, the College of Life Sciences, Sichuan 187 University. Briefly, 4-5 week old BALB/c male mice (Beijing HFK Bioscience) were maintained in a controlled environment 188 189 (12:12 light-dark cycle) with free access to both food and 190 water. After 2 weeks of adaptation, the mice were randomly 191 divided into three groups: control, fibrosis, fibrosis treated 192 with chlorophyllin (n = 5-7 per group); and the experiment was repeated. The liver fibrosis of mice was induced via 193 194 intraperitoneal injections of carbon tetrachloride (CCl₄, twice 195 per week in a progressive regimen: 0.5 µL/g body weight 196 for the first two treatments, then 1.5 μ L/g for the next two 197 treatments, and 2.0 µL/g for additional 6 weeks) for total 8 weeks. One group of mice was treated with same volume 198 199 of mineral oil as control. One group of fibrotic mice was treated by chlorophyllin (Chengdu Tongdei Pharmaceuticals, 200 201 China) in the drinking water at a dose of 25 µg/mL. 202 Actual volume of consumption was recorded. Averagely, mice 203 drink 3-5 mL per day. Pure drinking water was applied 204 for the control and fibrosis groups. According to our daily 205 observation, the green pigment did not cause any sign of 206 abnormality or sickness. At the end of experiment, the mice 207 were sacrifice through cervical dislocation. The liver, ileum 208 tissues, and fecal pellets were collected and stored at -80°C for 209 analysis. 210

Short-Term Oral Administration of Chlorophyllin on Intestinal Microflora of the Mice With Liver Fibrosis

BALB/c male mice under liver fibrotic induction by CCl₄ treatment for 4 weeks were randomly divided into two groups and received (1) low dose (5 μ g/g body weight), or (2) high dose chlorophyllin (25 μ g/g). Fresh fecal pellets were collected at 0, 2, 4, and 8 h. for microflora analysis (n = 2-4 for each condition).

Plasma Lipopolysaccharide (LPS) and Cytokine Measurements

he plasma LPS concentration was determined via Limulus 224 Amebocyte Extract kit (Chinese Horseshoe Crab Reagent 225 Manufactory, Xiamen, China). Plasma was diluted in the 226 processing buffer into 1/10, and heated for 10 min at 70°C. 227 Then the plasma LPS content was analyzed following the 228

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manufacturer's instruction. Plasma TNF-α concentration was
analyzed using ELISA kit (Mercodia, Uppsala, Sweden).

232 Histological Analysis

233 Liver tissues were fixed in 4% paraformaldehyde, and 234 Hematoxylin, and Eosin (H&E) staining was used for 235 histologic analysis. Liver fibrosis was determined through 236 Masson's Trichrome staining. and the sizes of fibrotic septa 237 were quantitated via densitometry. Lymphocyte infiltration in 238 the liver was determined via anti-CD3 (Abcam, Cat. 16669, 239 United States). Colorimetric images for H&E and Masson's 240 Trichrome staining were captured via Nikon eclipse Ti-U 241 microscope. Tight junctions in the ileum were examined using 242 immunofluorescent staining with anti-occludin (Santa Cruz 243 Biotechnology, Cat. SC5562, United States) and all images were 244 captured via the Leica TCS SP5 II system.

246 Western Blot Analysis

247 The ileum tissues were homogenized and lysed in RadioImmuno 248 Precipitation Assay (RIPA) buffer containing protease 249 inhibitors. The concentration of total protein was detected 250 by Pierce bicinchoninic acid assay (BCA) Protein Assay Kit 251 (Thermo, United States). Equal quality of protein samples 252 was resolved via sodium dodecyl sulfate polyacrylamide gel 253 electrophoresis and transferred to polyvinylidene difluoride 254 (PVDF) membranes. The membranes were blocked in 5% nonfat 255 milk and hybridized to primary antibodies against I-kappa-256 B, phosphor-I-kappa-B, IKK, phosphor-IKK (Cell Signaling 257 Technology), or GAPDH (Zen BioScience, Cat. EE0618, China), 258 followed by incubation with horse radish peroxidase (HRP)-259 conjugated secondary antibodies. Images were developed via 260 Immobilon Western Chemiluminescent substrate (Millipore, 261 United States).

263 RT-qPCR Analysis

The liver or ileum tissue was homogenized in 1 mL Trizol and 264 265 total RNA was extracted. The RNA was converted to cDNA via the Transcriptor First Strand cDNA Synthesis Kit (Roche, 266 Cat. 04897030001, United States). The qPCR system contained 267 2 µL cDNA, 0.2 µL forward primer, and 0.2 µL reverse primer 268 (200 nM), 5 μ L MIX, and DEPC water was added to 10 μ L. 269 The reaction was performed with a Bio-Rad machine Cfx96. 270 271 The primer sequence information is listed in Table 1. The 272 relative mRNA expression was normalized to the expression 273 of RPL-19.

275 Gut Microbiota Analysis

SYBR green-based qPCR analysis of 16S rRNA genes was used to 276 277 quantitate the relative abundance of gut bacteria. Fecal microbe 278 DNA was extracted using stool DNA kit (Omega, China). The qPCR system contained 2 µL DNA, 0.2 µL forward primer, 279 $0.2 \,\mu\text{L}$ reverse primer (200 nM), 5 μL MIX, and DEPC water was 280 added to 10 μ L. Then, it was analyzed with the Bio-Rad Cfx96 and 281 the value was expressed as the percentage of common bacterial 282 283 readouts as internal reference. The accuracy of the qPCR based 16 rDNA analysis was previously validated by sequencing the PCR 284 products. 285

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TABLE 1 | The list of RT-qPCR primers for mice.

Gene	Forward primer, $5' > 3'$	Reverse primer, $5' > 3'$
TNF-α	TGGGACAGTGACCTGGACTGT	TTCGGAAAGCCCATTTGAGT
IL-1β	TCGCTCAGGGTCACAAGAAA	CATCAGAGGCAAGGAGGA AAAC
IL-6	CTTCCATCCAGTTGCCTTCTTG	AATTAAGCCTCCGACTTGT GAAG
Coll-1	GCTCCTCTTAGGGGCCACT	CCACGTCTCACCATTGGGG
Coll-3	GCACAGCAGTCCAACGTAGA	GCTTCTTTCCTTGGGGTTC
TGF-β	CTTCAGCTCCACAGAGAAGA	GACAGAAGTTGGCATGGTAG
α-SMA	TCCAGCCATCTTTCATTGGGA	CCCCTGACAGGACGTTGTTA
ZO-1	ACCCGAAACTGATGCTGTGGATAG	AAATGGCCGGGCAGAACTT GTGTA
Occludin	ATGTCCGGCCGATGCTCTC	TTTGGCTGCTCTTGGGTCT GTAT
MMP-2	CAACGGTCGGGAATACAGCAG	CCAGGAAAGTGAAGGGGA AGA
MMP-9	AAACCTCCAACCTCACGGAC	CTGAAGCATCAGCAAAGCCG
MMP-13	GACCCCAACCCTAAGCATCC	CCTCGGAGACTGGTAATGGC
MMP-14	ATCTCACAGCTCGGTGTGTGTTCA	AAGGTCAGAGGGTCTTGCCT TCAA
TIMP-1	GCATGGACATTTATTCTCCACTGT	TCTCTAGGAGCCCGATCTG
TIMP-2	GCCAAAGCAGTGAGCGAGAAG	GGGGAGGAGATGTAGCA

TABLE 2 | The list of microbiota 16S rDNA primer.

Gene	Forward primer (5' $>$ 3')	Reverse primer (5' $>$ 3')
All bacteria	ACTCCTACGGGAGGCAGCAG	ATTACCGCGGCTG CTGG
Firmicutes	GGAGTATGTGGTTTAATTCGAAGCA	AGCTGACGACAACC ATGCAC
Bacteroidetes	GGAGCATGTGGTTTAATTCGATGAT	AGCTGACGACAACCA TGCAGG

Impact of Chlorophyllin on the Inflammatory Signaling Pathways of Intestinal Epithelial Cells

The intestinal epithelial cells HT-29 and HCT-116, from colon 326 cancer, were pretreated with chlorophyllin at 50 µM for 60 min 327 prior to being challenged with endotoxin (LPS) at 0.5 µg/mL 328 for 15 min. Nuclear and cytoplasmic protein fractionations 329 were separated according to the manufacturer's instructions 330 (Beyotime Nuclear and Cytoplasmic Protein Extraction Kit, 331 China). Briefly, about 5.0×10^5 cells for each condition were 332 prepared in cytoplasmic lysis buffer and the nuclear protein 333 was isolated via nuclear extraction buffer. Protein concentration 334 was measured using the Pierce BCA Protein Assay kit. The 335 preparation of cytoplasmic and nuclear fractions followed 336 previously described methods (Yang et al., 2017). Cytoplasmic 337 fractions were monitored via Western blot analysis for GAPDH 338 and beta-actin and nuclear fractions were confirmed via histone 339 H3 and nuclear lamin A/C. In such frames, nuclear translocation 340 of Nuclear factor KB (NF KB)-p65 and NFK B-p50 were 341 measured. 342

343 Statistical Analysis

The data was analyzed with the software of GraphPad Prism5 and the Statistical significance was determined via *T*-tests. The results are presented as Means \pm SEM. Significance was assumed for a 47 *p < 0.05 or a **p < 0.01.

RESULTS

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Liver Fibrosis Induced by CCl₄ in Mice Was Ameliorated by Oral Administration of Chlorophyllin

355 BALB/c male mice were randomly divided into three groups: (1) 356 control, (2) liver fibrosis, (3) fibrosis treated with chlorophyllin, 357 as described in the section of Materials and Methods. Liver 358 fibrosis of mice was induced via repeating intraperitoneal 359 injection of carbon tetrachloride (CCl₄) for 8 weeks. Another 360 group of the mice under fibrotic treatment was additionally 361 treated by chlorophyllin in the drinking water at a dose of 362 25 µg/mL (equivalent of 5 mg/kg body mass), Figure 1A. 363 As shown in Figure 1B, the body mass of mice under CCl₄ 364 treatment decreased significantly after 7-8 regimens of toxin 365 treatment. Chlorophyllin treatment moderately restored the body 366 mass, but without statistical significance. About 50% of the mice 367 under CCl₄ treatment died over the course of the experiment, 368 while chlorophyllin treatment reduced the mortality to 25% 369 (Figure 1C). Histological examination via H&E staining showed 370 large-scale of inflammation, accumulation of leukocytes, and 371 necrosis in the parenchyma of the liver in response to CCl₄ 372 treatment (Figure 1D). Chlorophyllin treatment significantly 373 reduced such necro-inflammation and liver injury in addition to 374 improved mortality. Fibrosis developed with CCl4 treatment over 375 8 weeks, as shown with Masson's Trichrome staining, showing 376 fibrotic septa and partial nodulation (Figures 1E,F). In contrast, 377 chlorophyllin treatment significantly reduced morphological 378 liver fibrosis. We further determined the extent of fibrogenesis 379 with a blind fibrotic scoring system and imaging analysis on the 380 Sirius Red staining. As shown in Figures 1G,H, chlorophyllin 381 treatment substantially reduced the liver fibrosis scores. 382

³⁸³ Chlorophyllin Treatment Increased the ³⁸⁴ MMP/TIMP Ratio, Which May Promote ³⁸⁶ Fibrolysis and Resolving Liver Fibrosis

There are two types of MMPs. One group (including MMP2 387 and MMP14) is constitutively expressed in most tissue and 388 responsible for the turnover of ECM and tissue homeostasis, 389 while the second group (including MMP9 and MMP13) 390 is involved in tissue injury and fibrogenesis. Conversely, 391 392 MMP activities are inhibited by Tissue Inhibitors of Matrix Metalloproteinases (TIMPs). As far, the net activity of ECM 393 394 turnover or fibrosis regression depends on the ratio of MMPs over TIMPs. Our previous work demonstrated the critical roles 395 of MMPs in liver injury, repair, and resolution, relying on the 396 397 subtypes of the proteinases and tissue inhibitors (Han et al., 2004; Qin and Han, 2010; Lu et al., 2013). Indeed, the results 398 of the Western blot analysis showed that the protein levels of 399

alpha-smooth muscle actin and fibronectin were elevated in 400 the liver tissue of mice under fibrotic treatment. However, the 401 oral administration of chlorophyllin could fully down regulate 402 these major fibrotic proteins. Liver fibrosis was also quantitated 403 via RT-qPCR analysis (Figure 2A). As shown in Figure 2A, 404 the transcription levels of alpha-smooth muscle actin, type-I 405 collagen, type-III collagen, and transforming growth factor beta-406 1 were significantly up-regulated in response to CCl₄ treatment 407 for 8 weeks, which is in line with the morphological evidence 408 of liver fibrogenesis. In contrast, chlorophyllin treatment 409 ameliorated these transcriptional parameters of liver fibrosis, 410 also in agreement with the readouts of morphological fibrosis. 411 The hepatic protein levels of alpha-smooth actin and fibronectin 412 were increased in the course of liver fibrosis (Figure 2B). 413 And oral administration of the green pigment, chlorophyllin, 414 could partially suppress the expression of these fibrotic proteins 415 in the liver. The protein levels of MMP9 and MMP13 were 416 increased in the fibrotic liver, indicating dynamic turnover of 417 fibrotic ECM in the course of fibrogenesis (Figure 2C). However, 418 chlorophyllin did not impact on these two MMPs. Importantly, 419 TIMP1, the tissue inhibitor for MMP9/MMP13 (injury type 420 MMPs) was significantly down regulated by chlorophyllin 421 treatment, while TIMP2, the tissue inhibitor for MMP2/MMP14 422 (constitutive MMPs) was not impacted by administration of 423 chlorophyllin. The ratio of MMP9/TIMP1 and MMP13/TIMP1 424 showed increments in the liver after chlorophyllin treatment, 425 indicating that administration of chlorophyllin may promote the 426 fibrolysis and resolving liver fibrosis (Figure 2D). Taken together, 427 these results from multi-parameter analysis indicate that oral 428 administration of chlorophyllin attenuated liver fibrosis, likely via 429 elevation of the MMP/TIMP ratio, which consequently promotes 430 the resolution of liver fibrosis, as demonstrated in the animal 431 model. 432

Liver Inflammation Is Attenuated by Oral Administration of Chlorophyllin

Hepatic fibrosis, as a protective measure and wound-healing 437 program, is driven by local and systemic inflammation, featured 438 by cytokines and growth factors. As shown in Figures 3A,B, 439 infiltration of CD3+ lymphocytes was evident and accumulated 440 around the central vein of the fibrotic liver. Oral administration 441 of chlorophyllin reduced the infiltration of the T cells in 442 the parenchyma of the liver inflammatory lesion. Accordingly, 443 expression of inflammatory cytokines including interlukin-1beta, 444 interleukin-6, and tumor necrosis factor-alpha was increased 445 in the fibrotic liver, but it was suppressed by chlorophyllin 446 (Figure 3C). Systemic inflammation as determined by serum 447 TNF-alpha levels was also elevated in fibrotic mice but it was 448 down regulated by chlorophyllin treatment (Figure 3D). Plasma 449 endotoxin levels were measured by serum LPS, which indicated 450 that gut bacterial translocation was suppressed by chlorophyllin 451 treatment (Figure 3E). Bacterial translocation in combination 452 with microbial toxin and immunogenic components, through 453 activation of pattern recognition receptors (PRR), are known to 454 facilitate liver fibrosis (Neugebauer et al., 2008; Zhang et al., 2016; 455 Shi et al., 2017). 456



Trichrome staining for liver fibrosis. (F) Sirius Red staining for liver fibrosis. (G) Fibrosis scores have been determined with pathologists in a blind manner. (H) Semi-quantitative determination of fibrosis stained by Sirius Red. *P < 0.05, **P < 0.01. */** Comparisons have been indicated with bars. Data show Means \pm SEM.

We showed recently that the hepatic macrophages undergo drastic transition from M1 phenotypes to M2 phenotypes along with liver fibrosis (Bai et al., 2017). Here, we confirmed the notion and found that oral administration of chlorophyllin could effectively down regulate the expression of IL-13, a major cytokine and marker to M2 macrophages (**Figure 3F**). Thus, these results imply that chlorophyllin exerted efforts to improve liver fibrosis is likely mediated by a reduction of systemic and hepatic inflammation, the driving force for tissue fibrosis.

Impairment of the Small Intestine in Liver Fibrotic Mice Is Improved by Oral Administration of Chlorophyllin

Increased bacterial translocation as indicated by endotoxemia and systemic TNF-alpha indicated either impairment or damage of the small intestine over the course of liver fibrogenesis. Histological examination via H&E staining showed the impairment of small intestine at the distal region, namely the ileum, of mice with liver fibrogenesis (Figure 4A). The length of microvilli was noticeably shortened and the muscular externa was thinner in the ileum of liver fibrotic mice (Figure 4B). The Goblet cell numbers in the villi were decreased in the ileum from liver fibrotic mice (Figure 4C). In contrast, oral administration of chlorophyllin ameliorated this damage of the small intestine. Moreover, the mRNA levels of tight junction proteins such as ZO1 and occludin were down regulated in the ileum of the liver fibrotic mice (Figure 4D). Oral administration of chlorophyllin partially restored the expression of tight junction proteins (Figures 4E,F). Chronic intestinal inflammation could damage tight junctions of the enterocytes which leads to bacterial translocation (Schulzke et al., 2009). As expected, the mRNA levels of interleukin-1beta and TNF-alpha were increased in the ileum of the liver fibrotic mice, indicating elevation of inflammation, but were reduced through oral administration of chlorophyllin. Western blot analysis also showed down-regulation of the proteins of ZO1 and occludin in the distal region of the small

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intestine in mice undergoing fibrogenesis. Importantly, oral 604 administration of chlorophyllin restored these tight junction 605 proteins in the ileal tissues. Taken together, these results 606 demonstrate that oral administration of chlorophyllin could 607 attenuate local inflammation and restores tight junctions and 608 integrity of the small intestine, which offers a sufficient 609 explanation for the observed reduction of endotoxemia in liver 610 fibrosis. 611

Exposure of Intestinal Epithelial Cells With Chlorophyllin Can Attenuate Inflammatory Signaling Pathways

We speculated that the chlorophyllin treatment might directly 617 impact on the intestinal epithelial cells to attenuate intestinal 618 619 inflammation in the CCL₄ induced fibrotic mice. Inflammatory 620 cytokines such as TNF-alpha and interleukin-1 share common pathways including IKK and JNK cascades. Here, we examined 621 the distal regions of the small intestine from the mices for 622 IKK expression and activation. The results showed that 623 the phosphorylation of IKK was significantly increased in 624 625 the ileum of fibrotic mice, and the oral administration of chlorophyllin could partially suppress the IKK activation 626 in the ileal tissue (Figure 5A). Intestinal epithelial cells 627

(HCT-116) were pretreated with chlorophyllin at 50 µM 661 for 60 min prior to the challenge with endotoxin (LPS) 662 or TNF-alpha for 15 min. As shown, challenging the 663 intestinal cells with LPS or TNF-alpha could activate IKK, 664 as indicated via increased phosphorylation of the kinases. The 665 downstream target, I-kappa B, was phosphorylated, followed 666 by the proteasome-mediated degradation. Treatment with 667 chlorophyllin attenuated the IKK/I-kappa B pathway, indicating 668 that the targeting is likely upstream of the pathway. Since LPS 669 and TNF-alpha bind to different receptors, chlorophyllin can 670 unequivocally block their activation, indicating a common 671 target in the membrane complex. We then obtained the 672 cellular fractionation to measure the nuclear localization 673 for NF-kappa B/p65. Using HT-29 cells, nuclear protein 674 was marked via histone H3 and the nuclear matrix (lamin 675 A/C), while cytoplasmic proteins were indicated via GAPDH. 676 As shown in Figure 5C, a portion of p65 NF-kappa B, in 677 addition to its p50 partner, were translocated into the nuclear 678 compartment in response to LPS stimulation. Chlorophyllin 679 treatment partially suppressed the activation of the NF-kappa 680 B pathway. We then tested the anti-inflammatory effect of 681 chlorophyllin on hepatocyte. As shown in Supplementary 682 Figure 1, chlorophyllin treatment suppressed the LPS-induced 683 upregulation of inflammatory cytokine (interleukin-1 beta and 684



FIGURE 3 | CCl₄ induced liver inflammation is attenuated by oral administration of chlorophyllin. (A,B) CD3+ lymphocytes were measured via immunohistochemical staining. The CD3+ cells are indicated by green arrows. (C) Expression of inflammatory cytokines including IL-1 beta, IL-6, and TNF-alpha detected via RT-qPCR analysis. (D) Systemic inflammation as the plasma TNF-alpha levels was determined via ELISA analysis. (E) Plasma endotoxin levels are measured by Limulus Amebocyte Extract kit. (F) Expression of interleukin-13 was detected by RT-qPCR analysis. **P* < 0.05, ***P* < 0.01. */** Comparisons have been indicated with bars. Data show Means ± SEM.

interleukin-6) expression on dose-dependent pattern in HepG2 cell line.

⁷³¹ Dysbiosis Occurring in Liver Fibrosis Can ⁷³² Be Rebalanced by Oral Administration of ⁷³⁴ Chlorophyllin for Eubiosis

Dysbiosis contributes greatly to bacterial translocation and
endotoxemia in liver fibrosis (Gomez-Hurtado et al., 2011;
De Minicis et al., 2014; Giannelli et al., 2014). As shown in
Figures 6A-E, for the control mice, the phylum of Bacteroidetes,
which consists of Gram-negative bacteria, were dominant in
the fecal microbes. About 59% of gut bacteria beyond to
Bacteroidetes, while 14% were Firmicutes. In contrast, in the

fibrotic mice, the population was drastically altered, showing loss of Bacteroidetes (29% of the total) and gain of Firmicutes (40% of the total). Such dysbiosis, showing down regulation of Bacteroidetes and gain of Firmicutes, resembles in many ways to our work on NASH animal models, where liver fibrosis was evidently associated with a loss of Bacteroidetes and increased endotoxemia by the mice under high fat diet feeding (Su et al., 2016). Importantly, administration of chlorophyllin restored Bacteroidetes, which sufficiently explains the reduction of endotoxin in the plasma and consequently reduced both hepatic inflammation and fibrogenesis. A linear regression analysis for the association of dysbiosis and liver fibrosis scores showed a clear positive association between the scores of liver fibrosis and dysbiosis (elevation of Firmicutes). The changing gut



occludin, and pro inflammatory cytokines such as IL-1 beta and TNF-alpha in the ileum were measured via RT-qPCR analysis. (E) Proteins of ZO1 and occludin in the

distal region of the small intestine were detected via Western blot analysis. (F) The relative amount of tight junction proteins was semi-guantitated via densitometry

microbiota through long-term treatment may derive from direct impact of chlorophyllin on the microbes or via the host innate immunity such as secretion of anti-microbial peptides. For such regard, we tested if chlorophyllin could directly impact on the gut microbiota in an acute manner. The liver fibrotic mice were given two doses of chlorophyllin by oral administration, and the gut microbiota was measured. As shown in **Figures 6F–H**, after oral administration for 2–4 h, the Firmicutes in fecal samples were significantly reduced, while the abundance of Bacteroidetes was restored, indicating that chlorophyllin might directly impact gut microbiota.

analysis. *P < 0.05, *P < 0.01. */** Comparisons have been indicated with bars. Data show Means \pm SEM.

DISCUSSION

In this study, we show that the green-plant pigment in the form of chlorophyllin can ameliorate liver fibrosis. We furthermore explored the underlying potential mechanism. Liver fibrosis, or cirrhosis, is abnormal wound healing. Instead of restoration of the tissue structures with properly organized epithelia and stroma texture, fibrosis generates fibroplasia, featured by an accumulation of stiff fibrotic ECM and contractile myofibroblasts. Independent of the actual causes, either microbial infection or toxin exposure (alcohol abuse and xenobiotics), activation or trans-differentiation of hepatic fibrosis is the basis of the fibrogenesis. Wound healing is driven by growth factors such as TGF-beta, which are stored as latent forms in the ECM. MMPs produced by stellate cells are responsible for the release of growth factors as previously demonstrated by animal models (Lu et al., 2013). Induction and maturation of MMPs relies on inflammatory signals such as IL-1 and TNF-alpha from leukocytes through inflammatory pathways (Han et al., 2001, 2004). It has been reported that bacterial translocation and endotoxemia from gut are critical for systemic and hepatic inflammation. This has been demonstrated by our recent work, showing that oral administration of cationic resin



can deplete gut endotoxin and relieve hepatic inflammation, 953 steatosis, and fibrosis (Zhu et al., 2017). Bacteroidetes and 954 Firmicutes are the two major phyla of the gut microbiome; 955 the former consist of Gram-negative bacteria. Thus, it is likely 956 that death of Bacteroidetes (showing as reduced abundance in 957 the gut microbiota) may contribute to bacterial translocation, 958 endotoxemia, systemic and hepatic inflammation, and liver 959 fibrogenesis. However, the integrity of small intestine, including 960 its innate immunity, anti-microbe peptides, mucosa, and tight 961 junctions and the consequent gut eubiosis are two critical factors 962 for host defense and metabolic homeostasis. 963

Chlorophyllin is a water-soluble salt that is semi-synthesized
from chlorophyll. Its most common form is a sodium/copper
derivative that can be used as a food additive and is used in
alternative medicine. It is also widely used as a food-coloring
agent. Through its flat chlorin ring, chlorophyllin is able to
bind to environmental mutagens such as polycyclic aromatic

hydrocarbons (Breinholt et al., 1995; Blum et al., 2001). In 1010 an animal model, dietary supplementation of chlorophyllin at 1011 4 mg/kg body weight inhibited the development of MNNG-1012 induced forestomach carcinomas via down-regulation of the 1013 expression of TGF-beta RI, TGFbeta RII, and Smad 2 and 4 1014 and up-regulation of Smad 7, thus abrogating canonical TGF-1015 beta signaling (Thiyagarajan et al., 2014). A further study showed 1016 that dietary chlorophyllin can abrogate 7,12-dimethylbenz-1017 anthracene (DMBA)-induced hamster buccal pouch (HBP) 1018 carcinogenesis; furthermore, the authors showed that Wnt/beta-1019 catenin and VEGF signaling are suppressed by chlorophyllin 1020 (Nagini et al., 2012). 1021

In this study we found that chlorophyllin is able to ameliorate 1022 the hepatic toxin induced liver fibrosis. Mechanistically, 1023 chlorophyllin may work on two levels. First, we found that chlorophyllin can directly impact intestinal epithelial cells 1025 and suppress inflammatory signals that are initiated by LPS 1026



and TNF-alpha. The targeting action could work in the 1065 signaling pathways, since chlorophyllin can attenuate IKK 1066 phosphorylation and the consequent I kappa-B phosphorylation 1067 and degradation and ultimately, the nuclear translocation 1068 p65. Whether chlorophyllin interacts with the receptors 1069 of the inflammatory ligand remains unknown and should of 1070 addressed in further studies. Another possibility is the 1071 be interaction with plasma membrane through its flat chlorin ring. 1072 Secondly, we found that chlorophyllin can directly impact the 1073 gut microbiota. In particular, administration of chlorophyllin can 1074 promptly restore eubiosis, showing restoration of Bacteroidetes 1075 and reduction of Firmicutes. Such a finding is important 1076 because it can also explain the observed reduction of plasma 1077 1078 endotoxin, preassembling through the prevention of the death of Bacteroidetes, the Gram-negative bacteria that may contribute 1079 to the plasma endotoxin via intestinal-hepatic circulation. 1080 Our recently published study reported that administration 1081 of cationic resin (cholestyramine) could sufficiently attenuate 1082 liver fibrosis induced by high-fat diet along with vitamin D 1083

deficiency (Zhu et al., 2017). In such a scenario, chlorophyllin 1122 may work as a prebiotic that can modulate gut microbiota. 1123 Whether chlorophyllin can directly suppress Firmicutes in the 1124 gut remains a subject under investigation. LPS binding induces 1125 dimerization of the TLR4-MD-2 complex, which is proposed 1126 to enable dimerization of the intracellular TIR domains and 1127 recruitment of adaptor molecules such as MyD88. We speculated 1128 the flat ring structure of chlorophyllin might directly insert into 1129 endotoxin and impair the binding to TLR4 on the membrane. 1130 For this regard, using Isothermal Titration Calorimetry (ITC) we 1131 measured the disassociation constant (Kd) between chlorophyllin 1132 and LPS, but the results were inconclusive and further study is 1133 needed to address the mechanism of chlorophyllin in the cells. 1134

AUTHOR CONTRIBUTIONS

HZ, YY, PW, YY, YL, ZC, LZ, and HW performed the 1139 Q13 experiments. ML and MH analyzed the data. YaL, YZ, YoL, XL, 1140 Q14

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JZ, and MF help the manuscript and discussion. ZH and Y-PH 1141 prepared figures and drafted the manuscript. YZ and SP edited 1142 and revised the manuscript. 1143

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FUNDING 1146

The work was supported by Natural Science Foundation of 1148 China (NSFC), #31571165 and #31771288, and basic research 1149 fund from Chengdu Tongdei Pharmaceuticals to Y-PH, and the 1150 National Institutes of Health (Unidet States) P01CA163200, P50 1151 AA011999, and P01DK098108 to SP. 1152

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ACKNOWLEDGMENTS

2018.01671/full#supplementary-material

support and collaboration.

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SUPPLEMENTARY MATERIAL The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fphys.

We thank the members and graduate students in the Center of

Growth, Metabolism, and Aging, at Sichuan University for their

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